



# American Camp And Work Experience

Seasonal Staffing for the Summer Camp, Leisure and Resort Industries

A Division of Core Consulting Solutions, Ilc

## HEALTH HISTORY AND EXAMINATION FORM FOR STAFF ATTENDING CAMP

The information on this form is not part of the staff acceptance process, but is gathered to assist us in identifying appropriate care. Please understand, the more information we have the better able we are to ensure a safe and healthy summer. This form, except for the "Health Recommendations of Licensed Medical Personnel", is to be filled in by parents/guardians of minors or by staff over 19 years old.

Name Last \_\_\_\_\_ First \_\_\_\_\_ Middle Initial \_\_\_\_\_

Home Address: # & Street \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Participant Social Security Number (US staff) \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Custodial Parent/Guardian _____ Home Phone _____ Work Phone _____ Cell/Mobile Phone _____ Home Address Street _____ City _____ State _____ Zip/Postal Code _____ Country _____	Custodial Parent/Guardian _____ Home Phone _____ Work Phone _____ Cell/Mobile Phone _____ Home Address Street _____ City _____ State _____ Zip/Postal Code _____ Country _____
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### EMERGENCY CONTACT INFORMATION If Parent(s)/Guardian(s) are not available in an emergency, please contact:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell/Mobile Phone \_\_\_\_\_

### INSURANCE INFORMATION (If travel insurance plan, please indicate and give details)

Is the Participant covered by family medical/hospital insurance? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, indicate carrier/plan name \_\_\_\_\_ Group # \_\_\_\_\_ Policy # \_\_\_\_\_

Carrier Address \_\_\_\_\_

Claims/Phone Authorization # \_\_\_\_\_ Co-Pay Amount \_\_\_\_\_

Name of Insured \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

### PRESCRIPTION/MEDICATION PLAN INFORMATION (if applicable)

Name of Insured \_\_\_\_\_ Insured SS# \_\_\_\_\_ Relationship \_\_\_\_\_

Company Name \_\_\_\_\_ Group # \_\_\_\_\_ Policy # \_\_\_\_\_

Prescription Information # \_\_\_\_\_ Co-Pay Amount: Generic \_\_\_\_\_ Brand \_\_\_\_\_

**A COPY OF FRONT AND BACK OF YOUR INSURANCE AND PRESCRIPTION ID CARD/S MUST BE ATTACHED TO THIS FORM!**

### IMPORTANT- THIS BOX MUST BE COMPLETE FOR ATTENDANCE

**PARENT/GUARDIAN/STAFF OVER 19 AUTHORIZATIONS:** This health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer prescribed medications and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to the camp to arrange necessary related transportation for me. In the event that I cannot be reached in an emergency, I hereby give permission to the physician/health care provider selected by the camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature \_\_\_\_\_ Printed Name \_\_\_\_\_ Date \_\_\_\_\_

I also understand and agree to abide by any restrictions placed on my participation in camp activities.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**HEALTH HISTORY**

The following information must be filled in by the parent/guardian, or adult camper or staff member (over 19). The intent of this information is to provide camp health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records. Any changes to this form should be provided to camp health personnel upon participant's arrival in camp. Provide complete information so that the camp can be aware of your needs.

It is our experience that more and more people are availing themselves of the service of psychiatrists, psychologists, social workers, and counselors to deal with a variety of complex issues and emotional difficulties. The policy of ACAWE is not to disqualify you with problems provided they can function in a camp environment. It is therefore necessary that a candid description of past, present, and potential difficulties be honestly described for the confidential use of the professional staff, to enable us to intelligently and sensitively work with your child should any problems arise.

**ALLERGIES** *Please describe reaction and management of the reaction.*

**MEDICATION ALLERGIES**

- Penicillin \_\_\_\_\_
- Amoxicillin \_\_\_\_\_
- Septra \_\_\_\_\_
- Aspirin \_\_\_\_\_
- Erythromycin \_\_\_\_\_
- Sulpha \_\_\_\_\_
- Other \_\_\_\_\_

**FOOD ALLERGIES**

- Nuts \_\_\_\_\_
- Shellfish \_\_\_\_\_
- Eggs \_\_\_\_\_
- Other \_\_\_\_\_

**OTHER ALLERGIES**

- Hay Fever \_\_\_\_\_
- Ivy Poisoning \_\_\_\_\_
- Bee Stings \_\_\_\_\_
- Insect Stings \_\_\_\_\_
- Other \_\_\_\_\_

**MEDICATIONS BEING TAKEN**

Please list all medications (including over-the-counter or nonprescription drugs) taken routinely. Bring enough medication to last the entire time at camp. **Keep it in the original packaging** bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

This person takes **NO** medications on a routine basis.

This person takes medications as follows:

- Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_
- Reason for taking \_\_\_\_\_
- Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_
- Reason for taking \_\_\_\_\_
- Med #3 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_
- Reason for taking \_\_\_\_\_

Attach additional pages for more medications or information about side effects. Identify any medications taken during the school year that participant does/may take during the summer:

\_\_\_\_\_

I give permission to the Camp Health Personnel to dispense any medications as needed.  Yes  No

**RESTRICTIONS**

**Dietary**

- Does not eat red meat  Does not eat fish  Does not eat eggs  Does not eat poultry  Does not eat dairy
- Other (describe) \_\_\_\_\_

**Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary).**

\_\_\_\_\_  
\_\_\_\_\_

**GENERAL QUESTIONS – Explain “yes” answers below**

	YES	NO		YES	NO
Has/does the participant:					
1. Had any recent injury, illness, or infectious disease?	_____	_____	17. Ever had epilepsy?	_____	_____
2. Have a chronic or recurring illness/condition?	_____	_____	18. Ever had treatment for drug/alcohol abuse?	_____	_____
3. Ever been hospitalized?	_____	_____	19. Have a history of smoking? If so, how many?	_____	_____
4. Ever had surgery?	_____	_____	20. Ever had problems with joints (e.g. knees, ankles)?	_____	_____
5. Have frequent headaches?	_____	_____	21. Have an orthodontic appliance brought to camp?	_____	_____
6. Ever had a head injury?	_____	_____	22. Have any skin problems (e.g. itching, rash)?	_____	_____
7. Ever been knocked unconscious?	_____	_____	23. Have diabetes? (Date of onset)	_____	_____
8. Wear glasses, contacts, or protective eyewear?	_____	_____	24. Have asthma? (Date of onset)	_____	_____
9. Ever had frequent ear infections?	_____	_____	25. Had mononucleosis in the past 12 months?	_____	_____
10. Ever passed out during or after exercise?	_____	_____	26. Had problems with sleepwalking?	_____	_____
11. Ever been dizzy during or after exercise?	_____	_____	27. Have problems with diarrhea/constipation?	_____	_____
12. Ever had seizures/convulsions?	_____	_____	28. Have a history of bed-wetting?	_____	_____
13. Ever had chest pain during or after exercise?	_____	_____	29. Ever had an eating disorder?	_____	_____
14. Ever been diagnosed with a heart murmur?	_____	_____	30. Ever had emotional difficulties for which professional help was sought?	_____	_____
15. Ever been diagnosed with high blood pressure?	_____	_____	31. Ever been diagnosed with ADD/ADHD?	_____	_____
16. Ever had back problems?	_____	_____			

Please explain any “yes” answers, noting the number of the question being addressed.

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**HEALTH HISTORY**

Which of the following has the participant had?

- \_\_\_ Measles
- \_\_\_ Chicken Pox
- \_\_\_ German Measles
- \_\_\_ Mumps
- \_\_\_ Hepatitis A
- \_\_\_ Hepatitis B
- \_\_\_ Hepatitis C
- \_\_\_ Rheumatic Fever

**IMMUNIZATION HISTORY – WITH DATES**

This is a record of **DATES** of basic immunization and booster doses

- \_\_\_ DPT \_\_\_\_\_
- \_\_\_ Polio OPV (Sabin) \_\_\_\_\_
- \_\_\_ MMR \_\_\_\_\_
- \_\_\_ or measles \_\_\_\_\_
- \_\_\_ or Mumps \_\_\_\_\_
- \_\_\_ or Rubella \_\_\_\_\_
- \_\_\_ Smallpox \_\_\_\_\_
- \_\_\_ Tetanus Booster \_\_\_\_\_
- \_\_\_ Hepatitis B \_\_\_\_\_
- \_\_\_ TB Mantoux Test- Date of last test \_\_\_\_\_ Result: \_\_\_\_\_
- \_\_\_ Other \_\_\_\_\_

**IMPORTANT – THIS BOX MUST BE COMPLETE FOR ATTENDANCE**

**Parent/Guardian/Staff Member over 19 Authorizations**

This health history is correct and complete as far as I know, and the person herein described has permission to engage in all camp activities as noted.

Signature \_\_\_\_\_ Printed \_\_\_\_\_

Date \_\_\_\_\_

**Disclosure of Medical Information**

I understand that the Camp is not defined as an entity subject to HIPAA (Health Information Privacy)\*\*\*\* and therefore is not covered by HIPAA regulations concerning the patient medical records. I also understand and agree that situations may necessitate that medical information be shared with the administrative staff, the camp doctors and nurses and the faculty. I give permission to any Health Care Provider, such as a hospital or physician to share my medical information with the Camp doctors and nurses and other Camp medical staff, for treatment purposes.

Signature \_\_\_\_\_ Printed \_\_\_\_\_

Date \_\_\_\_\_

\*\*\* For more information visit <http://www.hhs.gov/ocr/hipaa/>

**MEDICAL EXAMINATION – To be completed and signed by a licensed physician**

This examination should be performed within twelve months of arrival at camp. Examination for some other purpose within this period is acceptable. Examination is for determining fitness to engage in strenuous activities.

Code: S= Satisfactory      X= Not Satisfactory (explain)      O= Not Examined      \* if applicable

Hgt \_\_\_\_\_ Wt \_\_\_\_\_ Hgb Test \_\_\_\_\_ Urinalysis \_\_\_\_\_ Eyes \_\_\_\_\_ Glasses/Contacts \_\_\_\_\_

Ears \_\_\_\_\_ Nose \_\_\_\_\_ Throat \_\_\_\_\_ Teeth \_\_\_\_\_ Heart \_\_\_\_\_ Lung \_\_\_\_\_

Extremities \_\_\_\_\_ Posture (spine) \_\_\_\_\_ Skin \_\_\_\_\_ Hernia \_\_\_\_\_

For FEMALE – Has this person menstruated? \_\_\_\_\_ If not, has she been told about it? \_\_\_\_\_

If so, is her menstrual history normal? \_\_\_\_\_

Known allergies \_\_\_\_\_

General Appraisal \_\_\_\_\_

Special Considerations \_\_\_\_\_

**RECOMMENDATIONS AND RESTRICTIONS**

Special medicine or injections – please specify \_\_\_\_\_

Medications discontinued prior to summer. If so, why? \_\_\_\_\_

Swimming, diving, and/or strenuous activity? \_\_\_\_\_ Exposure to the sun and heat? \_\_\_\_\_

Other \_\_\_\_\_

Is there any congenital malformation now existing that may require special treatment or consideration? \_\_\_\_\_

If yes, please explain? \_\_\_\_\_

Is there any history of emotional disturbance in the applicant? \_\_\_\_\_

Has she/he shown any:

Difficulties in the relationship with parents, authority figures, persons of his/her own age? \_\_\_\_\_

Behavioral disorders? \_\_\_\_\_

Emotional symptoms such as mood swings, depression, sleep disorders, unusual degree of anxiety, fear or guilt? \_\_\_\_\_

Please explain \_\_\_\_\_

Has the applicant been to a psychiatrist within the last 4 years? \_\_\_\_\_

Has this applicant been involved in psychological therapy? \_\_\_\_\_

To your knowledge, is there any history of drug/alcohol related problems? \_\_\_\_\_

If yes, please explain \_\_\_\_\_

Does this person smoke cigarettes? \_\_\_\_\_ If yes, how many a day? \_\_\_\_\_

I have examined this individual and have reviewed his/her health history. It is my opinion that he/she is physically able to engage in camp activities except as noted above. I have been this applicant's physician for \_\_\_\_\_ years.

Examining Physician \_\_\_\_\_ Printed \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Telephone number \_\_\_\_\_

**FOR ACAWE USE ONLY**

Date Received \_\_\_\_\_ Date Reviewed \_\_\_\_\_

**FOR CAMP USE**

Date Received \_\_\_\_\_ Date Reviewed \_\_\_\_\_